

LEARN TO RIDE - ENGLISH

LEVEL 3 RUBRIC

A STABLE MANAGEMENT		
No.	Requirements	Evidences
1	Snaffle Bridle: <ul style="list-style-type: none"> ▪ Take apart and put together snaffle bridle, “put up” figure 8. 	<ul style="list-style-type: none"> • <i>Snaffle bridle to be dismantled, put back together, then configured in a Figure 8 for storage.</i>
2	Blanketing: <ul style="list-style-type: none"> ▪ Put on and remove a stable sheet. ▪ Identify three types of blankets and one reason to use each. 	<ul style="list-style-type: none"> • <i>Rider must fold and put on a blanket safely, attach all straps and surcingles from front to back, then detach all attachments in the correct order and remove the blanket safely.</i> • <i>Rider should be able to identify three different types of blankets, sheets, or coolers, in the stable and give examples of when used.</i>
3	Hay Net: <ul style="list-style-type: none"> ▪ Safely tie up a hay net. 	<ul style="list-style-type: none"> • <i>Rider must safely tie up a hay net with attention to the height it is hung, where it is safe to hang it, and how to safely use a quick release knot to secure it.</i>
4	General Impression: <ul style="list-style-type: none"> ▪ Presentation of rider, overall confidence, and awareness of safety. 	<ul style="list-style-type: none"> • <i>Turnout should be neat and workmanlike. Hair should be tied back. Paddock boots, work boots, or riding boots are acceptable. No spurs.</i> • <i>Neat sweatpants or slush pants over breeches are also acceptable.</i> • <i>Rider assures safe surroundings.</i> • <i>Rider displays comfort and knowledge in performing required stable management tasks.</i>

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B RIDING PHASE		
No.	Requirements	Evidences
1	Mount and Dismount <ul style="list-style-type: none"> ▪ Mount in the correct, safe manner (from ground or block). ▪ Dismount, run up stirrups, reins overhead, loosen girth, lead in hand, cool out. 	<ul style="list-style-type: none"> • <i>Prior to mounting, rider checks/adjusts girth and stirrups</i> • <i>Mount as per instructions in Manual.</i> • <i>When mounted, rider gathers reins, rechecks/adjusts girth and stirrups, as required</i> • <i>To dismount, rider removes both feet from stirrups, holds reins (and whip) in left hand without pulling on reins during dismount, then runs up stirrups, loosens girth, puts reins over horse's head, and cools out horse.</i>
2	Tack <ul style="list-style-type: none"> ▪ Identify own mount's equipment. 	<ul style="list-style-type: none"> • <i>Must identify with proper name their OWN equipment, including boots.</i> • <i>Knowledge about how the equipment functions is not required.</i> • <i>Martingales (not German) are allowed.</i> • <i>Neck straps are no longer permitted.</i>
3	Position <ul style="list-style-type: none"> ▪ Position at all gaits – evidence of an effective position, balance, and development of an independent seat. 	<ul style="list-style-type: none"> • <i>Rider is expected to know and demonstrate knowledge of correct diagonals at this level.</i> • <i>Rider will now demonstrate the ability to ride independently.</i> • <i>Hand contact should be as steady and sympathetic as possible to the horse's mouth at all three paces, with equal contact in both hands.</i>
4	Figures and Movements <ul style="list-style-type: none"> ▪ Correctly identify lead on their horse. ▪ Circles 20m in trot. 	<ul style="list-style-type: none"> • <i>Rider should know if they are on the correct or incorrect lead, but being on the wrong lead is not to be penalized at this level.</i> • <i>Rider should now understand how big a 20m circle is and the circle should be round, starting and ending in the same place. The horse might not maintain bend or straightness throughout the whole circle.</i>
5	Effectiveness <ul style="list-style-type: none"> ▪ Quality of progressive transitions. 	<ul style="list-style-type: none"> • <i>Rider should ask for the transition at the letter, and not before, but the transition may take a few steps to complete.</i> • <i>Rider should "prepare" their horse for the transition by asking for it slightly before the letter, as the transition may take a few steps to complete. If successful, the horse should make the transition on, or close to, the letter.</i>
6	Flat Test <ul style="list-style-type: none"> ▪ Accuracy and control, commitment to arena letters. 	<ul style="list-style-type: none"> • <i>Rider is expected to know and to demonstrate knowledge of correct diagonals throughout.</i> • <i>The movements should be demonstrated with accuracy, although loss of bend etc. is to be expected at this level.</i>
7	General Impression <ul style="list-style-type: none"> ▪ Overall authority, safety and confidence, rider conduct. ▪ Rider turnout and horse presentation. 	<ul style="list-style-type: none"> • <i>Turnout of horse and rider is similar to previous rider levels, but a neck strap is no longer permitted.</i> • <i>At this level, riders should be presenting a well-groomed horse with clean well fitted tack.</i>

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C JUMPING PHASE		
No.	Requirements	Evidences
1	Position <ul style="list-style-type: none"> ▪ Gymnastics ▪ Course ▪ Mane release 	<ul style="list-style-type: none"> • <i>At the trot, rider should demonstrate and maintain the jumping position on the approach, over the fence, and upon landing over the cross rail.</i> • <i>Rider should demonstrate medium mane release.</i>
2	Control and Straightness <ul style="list-style-type: none"> ▪ Gymnastics ▪ Course 	<ul style="list-style-type: none"> • <i>Simple gymnastic – trotting poles to cross rail</i> • <i>Demonstrate control of trot and straightness of approach and departure. Horse should land at canter and be brought back to trot before reaching the end of the ring. Rider should sit in the saddle to do this.</i> • <i>Maintain balanced forward seat position. If rising trot is done through turns, rider is to be on the correct rising diagonal.</i> • <i>Trot a course of cross rails and regain trot before a turn. Focus on the path of the course and the ability of the rider to bring the horse back to trot before the turn, to prepare for the next trot approach.</i>
3	General Impression <ul style="list-style-type: none"> ▪ Overall confidence, safety, control, rider conduct. 	<ul style="list-style-type: none"> • <i>Rider displays comfort and control while maneuvering through the gymnastic and the course.</i> • <i>Rider demonstrates an awareness for safety.</i>